



West Hills United, in partnership with the Argentinian Football Association Academy (AFA), provides a complete player development environment for players of all ages and abilities.

WEST HILLS UNITED SOCCER CLUB

PROGRAM GUIDE

2026-2027

INDOOR SEASON



Our programs are designed to support technical growth, confidence, decision-making, teamwork, and a long-term love for the game.





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CLUB OVERVIEW



West Hills United is committed to creating a positive, organized, and player-centred soccer environment for children, youth players, and families in our community.

Our goal is to provide players with the right level of challenge, the right level of support, and a clear development pathway from the youngest ages through competitive youth soccer. Through our partnership with AFA Academy, players benefit from structured training, age-specific methodology, technical development, and coaching support that aligns with the needs of each stage of development.

What we value:

- Player development before short-term results
- A positive and safe learning environment
- Technical confidence with the ball
- Decision-making through game-based learning
- Respect, effort, teamwork, and enjoyment
- Clear communication with families
- A strong club identity and community connection





INDOOR PROGRAM OVERVIEW



SEASON: OCTOBER 2026 TO MARCH 2027

Main program components include:

- Team practices
- Staff, junior, and parent coaches
- Supporting team staff including managers, tournament coordinators, and team photographers (U9-U19)
- League games
- AFA Academy training
- "1UP Soccer" skills training (Dev+/Tier 1/2/3)
- Skills Centre sessions and Clinics
- Goalkeeper development
- Optional camps or extra training
- Coach-led development plans

Key dates:

- July 30, 2026: Registration opens
 - August 31, 2026: Early bird deadline
- CMSA PLAYERS:**
- Early-mid September: Group sessions / Evaluations
 - Early October: Team training starts
 - Oct. 14, 2026: League games begin
 - Dec. 21 - Jan. 1: Winter break
 - Games until Feb. 20 (U7-U9), Feb. 28 (U10-U12), and Mar. 4 (U13+)
 - Mar. 5-7: Challenge Cup
 - Mar. 12-14: ASA Provincials
 - March 1, 2027 - Pre-authorized volunteer fees withdrawn (if not fulfilled)





PLAYER PROGRAM OVERVIEW



Minis Program Ages U4-U6

Main focus:

Players discover the game through movement, play, imagination, and repeated touches on the ball.

Development priorities:

- Comfort with the ball
- Basic movement skills
- Dribbling, stopping, turning, and striking
- Listening to simple instructions
- Enjoyment and confidence
- Learning through games and stories

Juniors Program Ages U7-U8

Main focus:

Players start to build stronger individual technique while being introduced to simple decisions, 1v1 movements, and basic spatial awareness.

Development priorities:

- Passing and receiving
- First touch and ball control
- 1v1 attacking and defending
- Finishing on the move
- Basic support angles
- Simple transitions
- Small-sided games



PARENT MESSAGE

At this age, the goal is not perfect technique or tactical understanding.

GOAL - help players fall in love with the ball, enjoy movement, and build confidence in a fun soccer environment.



PARENT MESSAGE

Players at this stage are ready for more detail than the Minis group, but sessions must still be active, simple, and game-based.

GOAL - to develop confident players who can solve problems with the ball.





PLAYER PROGRAM OVERVIEW



U9/U10 Program

Main focus:

Players still require technical reinforcement and 1v1 practice, but they are now ready to learn how to play with a partner through support, cover, and basic team play.

Development priorities:

- Scanning before receiving
- Passing quality and first touch
- 1v1 and 1v2 problem-solving
- Playing out from the back
- Support vs. breaking movements
- Width and third-man concepts
- Finishing under pressure
- Defensive balance
- Counterpressure and retreat habits
- Restarts and transition habits

U11/U12 Program

Main focus:

Players begin to understand more structured team concepts while continuing to develop individual technique and decision-making.

Development priorities:

- Technical execution under pressure
- Combination play
- Progression through thirds
- Creating and using space
- Defensive organization
- Attacking principles
- Finishing actions
- Transition reactions
- Small-group tactics



PARENT MESSAGE

At U9/U10, players are challenged to connect technique with decision-making.

GOAL - to create more game-realistic pictures where players must scan, decide, pass, dribble, defend, finish, and react to transitions.



PARENT MESSAGE

This stage bridges individual development and team understanding.

GOAL - players continue to build confidence on the ball while learning how their actions connect with teammates and team structure.





PLAYER PROGRAM OVERVIEW



U13/U15 Program

Main focus:

Players are now ready for more tactical detail, higher training intensity, and stronger connection between individual actions and team principles.

Development priorities:

- Playing under pressure
- Positional understanding
- Support, cover, and balance
- Finishing and defensive order
- Attacking combinations
- Pressing and retreating
- Transitions
- Team identity and game model habits

U16/U19 Program

Main focus:

Prepare players for competitive youth soccer, senior soccer, post-secondary opportunities, and lifelong participation.

Development priorities:

- Advanced tactical understanding
 - Game model execution
- Physical preparation
- Leadership and accountability
 - Position-specific development
 - Competitive mentality
- Match analysis
- Transition to adult soccer pathways



PARENT MESSAGE

At this age, players can understand more advanced coaching concepts.

GOAL - to improve technical quality, tactical awareness, competitiveness, and the ability to apply decisions in realistic game environments.



PARENT MESSAGE

Older players need an environment that challenges them physically, technically, tactically, and mentally.

GOAL - to help each player compete at the highest level available to them while continuing to enjoy the game.





AFA ACADEMY TRAINING



AGE-SPECIFIC PLAYER DEVELOPMENT

West Hills United is proud to be the first AFA Internacional partner in Canada, bringing the highest standard of training to our players. AFA Academy sessions provide structured technical and tactical development aligned with the needs of each age group. Sessions are designed to support the player's stage of growth, from ball confidence and movement skills in the youngest ages to decision-making, team play, and tactical execution in older age groups.

Academy focus areas:

- Technical quality
- Ball mastery
- Passing and receiving
- 1v1 attacking and defending
- Finishing
- Support and cover
- Transition habits
- Player confidence
- Game understanding

Training approach:

- Age-specific curriculum
- Station-based training
- High repetition
- Guided discovery
- Small-sided games
- Clear coaching points
- Game-realistic scenarios
- Positive and demanding environment





SKILLS CENTRE & TACTICS



TECHNICAL DEVELOPMENT

The Skills Centre is designed for players who want more touches on the ball and extra opportunities to improve individual technique.

The Skills Centre challenges players through fun, high-repetition activities and game-based constraints. Players learn to solve problems with the ball while developing comfort, confidence, and creativity.



Main focus areas:

- Ball mastery
- Dribbling and running with the ball 1v1 moves
- First touch
- Passing and receiving
- Shooting technique
- Agility and coordination
- Confidence in possession

Benefits

- More ball contact time
- More repetition
- More confidence
- Smaller training groups
- Technical correction
- Fun, competitive challenges
- Game-related activities



GOALKEEPER ACADEMY



The Goalkeeper Academy provides specialized training for players who want to learn or improve as goalkeepers. Sessions are offered regularly at no additional cost to our players.

Development focus:

- Set position
- Footwork
- Handling
- Diving technique
- Shot stopping
- 1v1 situations
- Distribution
- Communication
- Crosses and angles
- Confidence and leadership

Goalkeeping is a unique position that requires specific technical, physical, and mental training. The Goalkeeper Academy provides players with a structured environment to develop core goalkeeper habits while building confidence, leadership, and decision-making skills.





EVALUATIONS & TEAM PLACEMENT



West Hills United evaluates players using a combination of coach feedback, technical staff observations, previous season information, training habits, game performance, and player readiness.



The goal of placement is to create the best possible development environment for each player. Players should be placed where they can be challenged, contribute, grow, and enjoy the game.

Evaluation factors:

- Technical ability
- Tactical understanding
- Coachability
- Training habits
- Commitment level
- Physical maturity
- Social and emotional readiness
- Previous playing experience
- Team fit

New to WHU:

New players may be assessed through open evaluations, pre-season training, or trial sessions. Final placement will consider more than one session whenever possible.



GEAR REQUIREMENTS



Players should arrive well-prepared for every session and game.

Required items:

- West Hills AFA training shirt (U9-U19) - BLUE
- Game jersey (personalization available) - WHITE
- Game shorts - BLACK
- Game socks - BLACK
- CMSA player ID card (U11-U19) from CMSA office
- Shin pads
- Indoor soccer shoes or turf shoes/cleats
- Indoor/non-marking running shoes for gyms
- Water bottle
- Weather-appropriate outerwear when needed



Official gear may be purchased via your account online in PowerUp Sports.

Additional merchandise may be purchased via our Macron online store, Play it Again Sports in Westhills, or via pop-up shops.



VOLUNTEERS & TEAM MANAGEMENT



West Hills programs depend on strong parent and volunteer support. Volunteers help create a better experience for players and allow the club to operate smoothly throughout the season.

Volunteer roles may include:

Team-level

- Coach
- Assistant coach
- Team manager
- Tournament Coordinator
- Team Photographer

Club-level

- Event support
- Casino fundraiser volunteer
- Equipment or Evaluation helpers

Each team requires parent support to operate successfully. Team coaches, managers and support volunteers help with communication, scheduling, game-day organization, and team logistics. The club will provide guidance and support to volunteers throughout the season.

For more info about volunteering, please check:

<https://whusoccer.com/volunteers/>

Families will pre-authorize a volunteer 'bond' at the time of registration for withdrawal on March 1. This fee will be cancelled if minimum volunteer roles are fulfilled. Additional credits may also be earned (up to \$200 total per season).





REGISTRATION & PAYMENT



Registering Online

1. Visit <https://whusc.powerupsports.com/>
2. Create a family account or log in to your existing account - be sure to 'Add a Family Member' and create a profile for your child(ren)
3. Select your player's age group and preferred program
4. Complete the player profile and medical information
5. Review and accept the club policies and waivers
6. Submit payment to confirm your registration

Team rosters and club communication will be done via "360Player". Please download the app and set up a family profile if you are new to the club. You will receive a link to join your team after Evaluations and player placements are completed.

Financial Assistance

West Hills United believes every child should have the opportunity to play, regardless of financial circumstances.

Options available:

- Monthly payment installments
- KidSport Calgary: covers registration fees for families in need (apply at kidsportcanada.ca)
- WHU Internal Bursary: limited club-funded subsidies available via application

Contact admin@whusoccer.com for confidential assistance with any of these options.

Early Bird Savings & Deadlines

Register early and save! Families who complete registration before the early bird deadline receive a 10% discount on all Registration fees.

Early Bird Deadline: August 31, 2026

Group sessions and evaluations will kick-off in September. Late registrants accepted if teams have space.



INDOOR 26-27 SEASON PROGRAM DETAILS



U4 (born 2024*/2023)

West Hills House League

WHU Club Teams - sponsored by Timbits

1 day/week

Monday evenings OR Saturday mornings

BLOCK 1

8 sessions

**Mondays: 6:15-7:15pm
@ Battalion Park School
Oct. 26 - Dec. 14**

OR

**Saturdays: 9:00-10:00am
@ Ernest Manning HS
Oct. 17 - Dec. 12
(no class Nov. 21)**

BLOCK 2

8 sessions

**Mondays: 6:15-7:15pm
@ Battalion Park School
Jan. 4 - Mar. 1
(no class Feb. 15)**

OR

**Saturdays: 9:00-10:00am
@ Ernest Manning
+ Vincent Massey
Jan. 9 - Feb. 27**

FULL SEASON

16 sessions

**Mondays: 6:15-7:15pm
@ Battalion Park School
Jan. 4 - Mar. 1
(no classes Dec. 21/28, Feb. 15)**

OR

**Saturdays: 9:00-10:00am
@ Ernest Manning +
Vincent Massey
Oct. 17 - Feb. 27
(no classes Nov. 21,
Dec. 19/26, Jan. 2)**

**\$160 per block
\$240 full season
(+ save 10% before Aug. 31)**

players must have turned 3 prior to October 12, 2026

- Jersey, shorts, and socks provided for all players to keep
- \$50 volunteer bond added, removed if volunteer role fulfilled



INDOOR 26-27 SEASON PROGRAM DETAILS



U5 (born 2022)

West Hills House League

WHU Club Teams - sponsored by Timbits

1 day/week - Boys + Girls

Weekday evenings @ Battalion Park School

OR

Saturday mornings @ Ernest Manning HS/Vincent Massey Jr. High

Option 1: Mondays 6:15-7:15pm (U4/U5)

Option 2: Tuesdays 6:15-7:15pm (U5/U6)

Option 3: Wednesdays 6:15-7:15pm (U5/U6)

Option 4: Saturdays 10:15-11:15am (U5/U6)

BLOCK 1

8 sessions

SEASON: Oct. 14 - Dec. 14
(no sessions Nov. 11/21)

BLOCK 2

8 sessions

SEASON: Jan. 4 - Mar. 1
(no sessions Feb. 15)

FULL SEASON

16 sessions

SEASON: Oct. 14 - Mar. 1
(no sessions Nov. 11/21,
Dec. 17-Jan. 3, Feb. 15)

\$180 per block

\$320 full season

(+ save 10% before Aug. 31)

- Jersey, shorts, and socks provided for all players to keep
- \$50 volunteer bond added, removed if volunteer role fulfilled



INDOOR 26-27 SEASON PROGRAM DETAILS



U6 (born 2021)

West Hills House League

WHU Club Teams - sponsored by Timbits

1 day/week - Boys + Girls

Weekday evenings @ Battalion Park School

OR

Saturday mornings @ Ernest Manning HS/Vincent Massey Jr. High

Option 1: Tuesdays 6:15-7:15pm (U5/U6)

Option 2: Wednesdays 6:15-7:15pm (U5/U6)

Option 3: Saturdays 10:15-11:15am (U5/U6)

BLOCK 1

8 sessions

SEASON: Oct. 14 - Dec. 12
(no sessions Nov. 11/21)

BLOCK 2

8 sessions

SEASON: Jan. 4 - Mar. 1
(no sessions Feb. 15)

FULL SEASON

16 sessions

SEASON: Oct. 14 - Mar. 1
(no sessions Nov. 11/21,
Dec. 17-Jan. 3, Feb. 15)

\$180 per block

\$320 full season

(+ save 10% before Aug. 31)

- Jersey, shorts, and socks provided for all players to keep
- \$50 volunteer bond added, removed if volunteer role fulfilled



INDOOR 26-27 SEASON PROGRAM DETAILS



U7/U8 (born 2020/2019)

CMSA Grassroots

Calgary Minor Soccer Association League

SEASON

- 2-3 events per week
- Training: mid-October - Feb. 20
- CMSA league games: Oct. 31 - Feb. 20
- Santa Soccer day: Dec. 12
- Winter break: Dec. 13 - Jan. 1
- CMSA Wrap-up rally: Feb. 20

TRAINING

- Team practices + AFA Skills training = 2 training events per week
- Gender and team-based program, skill level and friend requests considered

GAMES

- 3v3 (U7) or 4v4 (U8) match format
- 3 x 15-min matches per weekly game day (coach-guided, no referee)
- Saturdays @ Shane Homes West Soccer Dome (times TBD by CMSA)
- 12 total match days vs various CMSA club teams

\$440 Registration fee

(+ save 10% before Aug. 31)

\$100 Technical Fee

West Hills House League

WHU Club Teams - sponsored by Timbits

SEASON

- 1 day/week - co-ed (boys + girls)
- Weekday evenings @ Battalion Park School
OR
- Saturday mornings @ Ernest Manning HS/Vincent Massey Jr. High

Option 1: Tuesdays 7:15-8:15pm

Option 2: Wednesdays 7:15-8:15pm

Option 3: Saturdays 11:30am-12:30pm

BLOCK 1

8 sessions

Oct. 14 - Dec. 12

(no sessions

Nov. 11/21)

BLOCK 2

8 sessions

Jan. 4 - Mar. 1

(no sessions

Feb. 15)

FULL SEASON

16 sessions

Oct. 14 - Mar. 1

(no sessions

Nov. 11/21, Dec. 17-
Jan. 3, Feb. 15)

\$190 per block

\$340 full season

(+ save 10% before Aug. 31)

- Game jersey, shorts, and socks provided for all players to keep
- \$50 (HL) or \$100 (CMSA) volunteer bond pre-authorized, removed if volunteer role fulfilled



INDOOR 26-27 SEASON PROGRAM DETAILS



U9 (born 2018)

Developmental Plus+

Calgary Minor Soccer Association League

SEASON

- 2-3 events per week
- Training: mid-October - Feb. 20
- CMSA league games: Oct. 31 - Feb. 20
- Santa Soccer day: Dec. 12
- Winter break: Dec. 13 - Jan. 1
- CMSA Wrap-up rally: Feb. 20

TRAINING

- Team practices + AFA Skills training = 2 training events per week
- Gender and team-based program, skill level and friend requests considered
- "IUP Soccer" Skills sessions: 5 included throughout the season
- Goalkeeper training sessions also available (no extra cost)

GAMES

- 5v5 match format w/ goalkeeper
- 2 x 25-min matches per week (coach-guided, no referee)
- Saturdays @ Shane Homes West Soccer Dome (times TBD by CMSA)
- 8 total match days vs various CMSA club teams

\$540 Registration fee

(+ save 10% before Aug. 31)

\$220 Technical fee

Developmental

WHU Club Teams - sponsored by Timbits

SEASON

- 1 day/week
- Co-ed (boys + girls)
- 16 sessions
- Season dates: Oct. 17 - Mar. 1 (no sessions Nov. 11/21, Dec. 17-Jan. 3, Feb. 15)
- Weekday evenings @ Battalion Park School
OR
- Saturday mornings @ Ernest Manning HS/Vincent Massey Jr. High

Option 1: Mondays 7:15-8:15pm

Option 2: Saturdays 12:45pm-1:45pm

\$425 full season

(+ save 10% before Aug. 31)

- Game jersey, shorts, and socks provided for all U9 players to keep
- Blue AFA training shirt required for U9 CMSA (\$30)
- \$50 (HL) or \$100 (CMSA) volunteer bond pre-authorized, removed if volunteer role fulfilled



INDOOR 26-27 SEASON PROGRAM DETAILS



U10 (born 2017)

Developmental Plus+

Calgary Minor Soccer Association League

SEASON

- Pre-season Training + Evaluations: early Sept.
- Training: late Sept. - Feb. 28
- CMSA league games Oct. 13 - Feb. 28
- Winter break: Dec. 21 - Jan. 1

TRAINING

- 16 team practices (minimum)
- Weekly skills session or tactics session (AFA or IUP Soccer, min. 5 IUPs)
- 3-4 events per week (training + games)
- Regular Goalkeeper training available (no extra cost)

GAMES

- 7v7 match format w/ goalkeeper
- 1 x 50-min match per week w/ referee (2 x 25 min. halves)
- City-wide opponents, various CMSA club teams
- Match days may be any day of the week

\$590 Registration fee

(+ save 10% before Aug. 31)

\$350 (Dev+) Tech fee

Developmental

Calgary Minor Soccer Association League

SEASON

- Pre-season Training + Evaluations: early Sept.
- Training: late Sept. - Feb. 28
- CMSA league games Oct. 13 - Feb. 28
- Winter break: Dec. 21 - Jan. 1

TRAINING

- 16 team practices (minimum)
- 5 AFA skills sessions or clinics (minimum)
- 2-3 events per week (training + games)
- Regular Goalkeeper training available (no extra cost)

GAMES

- 7v7 match format w/ goalkeeper
- 1 x 50-min match per week w/ referee (2 x 25 min. halves)
- Regional opponents (where possible), various CMSA club teams
- Match days may be any day of the week

\$590 Registration fee

(+ save 10% before Aug. 31)

\$100 (Dev) Tech fee

- \$150 volunteer bond pre-authorized, removed if volunteer role fulfilled
- Blue AFA training shirt required (\$30)
- White Macron game jersey required (\$50)



INDOOR 26-27 SEASON PROGRAM DETAILS



U11 (born 2016)

Developmental Plus+

Calgary Minor Soccer Association League

SEASON

- Pre-season Training + Evaluations: early Sept.
- Training: late Sept. - Feb. 28
- CMSA league games Oct. 13 - Feb. 28
- Winter break: Dec. 21 - Jan. 1

TRAINING

- 16 team practices (minimum)
- Weekly skills session or tactics session (AFA or IUP Soccer, min. 5 IUPs)
- 3-4 events per week (training + games)
- Regular Goalkeeper training available (no extra cost)

GAMES

- 7v7 match format w/ goalkeeper
- 1 x 50-min match per week w/ referee (2 x 25 min. halves)
- City-wide opponents, various CMSA club teams
- Match days may be any day of the week

\$640 Registration fee

(+ save 10% before Aug. 31)

\$350 (Dev+) Tech fee

Developmental

Calgary Minor Soccer Association League

SEASON

- Pre-season Training + Evaluations: early Sept.
- Training: late Sept. - Feb. 28
- CMSA league games Oct. 13 - Feb. 28
- Winter break: Dec. 21 - Jan. 1

TRAINING

- 16 team practices (minimum)
- 5 AFA skills sessions or clinics (minimum)
- 2-3 events per week (training + games)
- Regular Goalkeeper training available (no extra cost)

GAMES

- 7v7 match format w/ goalkeeper
- 1 x 50-min match per week w/ referee (2 x 25 min. halves)
- Regional opponents (where possible), various CMSA club teams
- Match days may be any day of the week

\$640 Registration fee

(+ save 10% before Aug. 31)

\$100 (Dev) Tech fee

- \$150 volunteer bond pre-authorized, removed if volunteer role fulfilled
- Blue AFA training shirt required (\$30)
- White Macron game jersey required (\$50)



INDOOR 26-27 SEASON PROGRAM DETAILS



U12 (born 2015)

Performance Pathway

Tiers 1/2/3 – Calgary Minor Soccer Association

SEASON

- Pre-season Training + Evaluations: early Sept.
- Training: late Sept. – Feb. 28
- CMSA league games Oct. 13 – Feb. 28
- Winter break: Dec. 21 – Jan. 1

TRAINING

- 16 team practices (minimum)
- Weekly skills session, clinics, or tactics sessions (AFA Academy or IUP Soccer, min. 5 IUPs)
- 3-4 events per week (training + games)
- Regular Goalkeeper training available (no extra cost)

GAMES

- 7v7 match format w/ goalkeeper
- 1 x 50-min match per week w/ referee (2 x 25 min. halves), fields and refs provided by CMSA
- City-wide opponents, various CMSA club teams
- Match days may be any day of the week

\$640 Registration fee

(+ save 10% before Aug. 31)

\$400 (Perf.) Tech fee

Formative Pathway

Tiers 4/5 – Calgary Minor Soccer Association

SEASON

- Pre-season Training + Evaluations: early Sept.
- Training: late Sept. – Feb. 28
- CMSA league games Oct. 13 – Feb. 28
- Winter break: Dec. 21 – Jan. 1

TRAINING

- 16 team practices (minimum)
- 5 AFA Academy skills sessions or clinics (minimum)
- 2-3 events per week (training + games)
- Regular Goalkeeper training available (no extra cost)

GAMES

- 7v7 match format w/ goalkeeper
- 1 x 50-min match per week w/ referee (2 x 25 min. halves), fields and refs provided by CMSA Regional opponents (where possible), various CMSA club teams
- Match days may be any day of the week

\$640 Registration fee

(+ save 10% before Aug. 31)

\$100 (Form.) Tech fee

- \$150 volunteer bond pre-authorized, removed if volunteer role fulfilled
- Blue AFA training shirt required (\$30)
- White Macron game jersey required (\$50)



INDOOR 26-27 SEASON PROGRAM DETAILS



U13 (born 2014)

Performance Pathway

Tiers 1/2/3 – Calgary Minor Soccer Association

Advanced skills in a competitive setting

Formative Pathway

Tiers 4/5 – Calgary Minor Soccer Association

Entry-level skills, reduced time commitment

SEASON

Pre-season Training + Evaluations: early Sept.

Training: late Sept. – early March

CMSA league games Oct. 13 – Mar. 4

Winter break: Dec. 21 – Jan. 1

Challenge Cup (final 4): Mar. 5-7

ASA Provincials: Mar. 12-14

TRAINING (Perf. Path)

- 16 team practices (minimum)
- Weekly skills session, clinics, or tactics sessions (AFA Academy or IUP Soccer, min. 5 IUPs)
- 3-4 events per week (training + games)
- Regular Goalkeeper training available (no extra cost)

TRAINING (Form. Path)

- 16 team practices (minimum)
- 5 AFA Academy skills sessions or clinics (minimum)
- 2-3 events per week (training + games)
- Regular Goalkeeper training available (no extra cost)

GAMES

- 7v7 match format w/ goalkeeper
- 1 x 60-min match per week w/ referee (2 x 30 min. halves), fields and refs provided by CMSA
- Regional opponents (where possible), various CMSA club teams
- Match days may be any day of the week
- Scores/standings posted

\$700 Registration fee

(+ save 10% before Aug. 31)

\$400 (Perf.) Tech fee

- \$150 volunteer bond pre-authorized, removed if volunteer role fulfilled
- Blue AFA training shirt required (\$30)
- White Macron game jersey required (\$50)

\$700 Registration fee

(+ save 10% before Aug. 31)

\$100 (Form.) Tech fee



INDOOR 26-27 SEASON PROGRAM DETAILS



U14-U17 (born 2013-2010)

Performance Pathway

Tiers 1/2/3 - Calgary Minor Soccer Association

Advanced skills in a competitive setting

Formative Pathway

Tiers 4/5 - Calgary Minor Soccer Association

Entry-level skills, reduced time commitment

SEASON

Pre-season Training + Evaluations: early Sept.

Training: late Sept. - early March

CMSA league games Oct. 13 - Mar. 4

Winter break: Dec. 21 - Jan. 1

Challenge Cup (final 4): Mar. 5-7

ASA Provincials: Mar. 12-14 (U15/U17 only)

TRAINING (Perf. Path)

- 16 team practices (minimum)
- Weekly skills session, clinics, or tactics sessions (AFA Academy or IUP Soccer, min. 5 IUPs)
- 3-4 events per week (training + games)
- Regular Goalkeeper training available (no extra cost)

TRAINING (Form. Path)

- 16 team practices (minimum)
- 5 AFA Academy skills sessions or clinics (minimum)
- 2-3 events per week (training + games)
- Regular Goalkeeper training available (no extra cost)

GAMES

- 7v7 match format w/ goalkeeper
- 1 x 60-min match per week w/ referee (2 x 30 min. halves), fields and refs provided by CMSA
- Regional opponents (where possible), various CMSA club teams
- Match days may be any day of the week
- Scores/standings posted

\$700 Registration fee

(+ save 10% before Aug. 31)

\$400 (Perf.) Tech fee

- \$150 volunteer bond pre-authorized, removed if volunteer role fulfilled
- Blue AFA training shirt required (\$30)
- White Macron game jersey required (\$50)

\$700 Registration fee

(+ save 10% before Aug. 31)

\$100 (Form.) Tech fee



INDOOR 26-27 SEASON PROGRAM DETAILS

U18/U19 (born 2009-2008)



Performance Pathway

Tiers 2/3/4 - Calgary Minor Soccer Association

Advanced skills in a competitive setting

SEASON

Training: late Sept. - early March
CMSA league games Oct. 13 - Mar. 4
Winter break: Dec. 21 - Jan. 1
Challenge Cup (final 4): Mar. 5-7
ASA Provincials: Mar. 12-14

GAMES

7v7 match format w/ goalkeeper
1 x 60-min match per week w/ referee (2 x 30 min. halves), fields and refs provided by CMSA
City-wide opponents, various CMSA club teams
Match days may be any day of the week
Scores/standings posted

TRAINING

16 team practices (minimum)
5 AFA Academy skills sessions or clinics (minimum)
2-3 events per week (training + games)
Regular Goalkeeper training available (no extra cost)

\$700 Registration fee
(+ save 10% before Aug. 31)
\$100 (Form.) Tech fee

- \$150 volunteer bond pre-authorized, removed if volunteer role fulfilled
- Blue AFA training shirt required (\$30)
- White Macron game jersey required (\$50)



PROGRAM GUIDE



THANK YOU!



whusoccer.com
admin@whusoccer.com
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whusoccer.com

Registration open!



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