

OUTDOOR 2025 PROGRAM DETAILS



Register before
Mar 1 and
Save \$25 (WHU) or
\$50 (CMSA)!

U10 (2015)

» CMSA League (Dev+ or Developmental)

» WHU House League

Season

- Training: mid-late April - late June
- Wrap-Up Tournament/Party - June 21
- Girls: Mon/Wed
- Boys: Tues/Thurs
- Weeknight session start times ranging from 5:30-7:30pm
- SW fields for practices/games (primarily Signal Ridge)

Training

- Minimum 1 weekly team practice
- 3 WHU Academy skills sessions included
- Goalkeeper Academy available weekly (Fridays)
- Enrichment program available

Games

- 7v7 match format with goalkeeper
- 1 x 50-minute match per week with referee
- Weeknights + final game on Sat June 21
- Minimum of 8 total match days vs WHU teams and local community teams

Season

- Pre-season group training begins mid March
- Dev+ game season April 26 - July 27
- Dev game season May 3 - July 13
- SW fields (or gyms) for practices

Training

- 2 weekly team practices
- Girls Mon/Wed, Boys Tues/Thurs
- All players receive a minimum of 4 **1UP Soccer** skills sessions included in the Base Price
- Goalkeeper Academy available weekly (Fridays)
- Enrichment program available

Competitive Package (for Dev+ teams)

- **All players will pre-authorize a \$195 competitive fee package**, charged May 15 *only to those players rostered to Dev+ teams*
- Includes WEEKLY **1UP Soccer** skills sessions
- Includes weekly sports Fitness sessions

Games

- 7v7 match format with goalkeeper
- 14 total 50-minute matches with referee
- May play any day of the week (schedules released by CMSA April 21)
- City-wide opponents

\$330

*No hidden
program fees!*

\$575

GEAR

- Jerseys, shorts, and socks provided for all players to keep (U10 House League)
- Jerseys loaned for CMSA players (pre-auth deposit), black shorts/socks required
- Shin guards and cleats required
- ***NEW*** Additional club gear available through Macron or Play it Again Sports

**Volunteer fee credits
available for team helpers
and club shifts**